



# COVID-19

## NOVEL CORONAVIRUS



### Do not enter if you have:

- been in contact with someone that is confirmed to have COVID-19
- been notified that you were in a high risk setting for COVID-19 in the past 14 days (e.g., on a plane or at an event)
- travelled outside Manitoba in the last 14 days



### Do not enter if you have a new onset of any of the following symptoms:

- Fever/chills
- Cough
- Loss of taste or smell
- Sore throat/hoarse voice
- Shortness of breath
- Vomiting or diarrhea for more than 24 hours



### Do not enter if you have a new onset of two or more of the following symptoms:

- Runny nose
- Muscle aches
- Fatigue
- Conjunctivitis
- Headache
- Nausea or loss of appetite
- Skin rash of unknown origin



### If any of the above apply, please:

- limit your contact with others
- immediately self-isolate at home
- call Health Links-Info Santé for information about testing and self-isolation – **204-788-8200** or toll-free **1-888-315-9257**.

[manitoba.ca/covid19](https://manitoba.ca/covid19)

Manitoba 