



Rivercrest Early Learning and Childcare Snack Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
<u>A.M</u> Snack	Cereal Fruit Milk	Bagels Cream Cheese Fruit Water	Yogurt Graham Crackers Fruit Water	Toast Jam Apple Sauce Milk	Muffins Fruit Milk
<u>P.M</u> Snack	Veggies Hummus Crackers Milk	Cheese Crackers Pickles Water	Goldfish Fruit Salad Milk	Fruit Smoothie Graham Crackers Water	Pizza Buns Veggie Water
Week 2					
<u>A.M</u> Snack	Toast Jam Fruit Milk	Cereal Bananas Milk	English Muffins Wow Butter Fruit Milk	Banana Bread Fruit Milk	Oatmeal Bars Fruit Milk
<u>P.M</u> Snack	Animal Crackers Fruit Milk	Trail Mix Veggie and Dip Water	Frozen Yogurt Tubes Fruit Water	Tortilla Chips Salsa Peppers Water	Wow Butter/Jam Sandwiches Bananas Milk
Week 3					
<u>A.M</u> Snack	Cereal Fruit Milk	Rice Cakes Wow Butter Fruit Milk	Muffins Fruit Milk	Bagels Cream Cheese Fruit Water	Yogurt Granola Fruit Water
<u>P.M</u> Snack	Apple Sauce Graham Crackers Milk	Pita Bread Sandwiches Veggies and Dip Water	Pudding Fruit Water	Goldfish Celery with Cheese Water	Soup with Vegetables Crackers Milk
Week 4					
<u>A.M</u> Snack	Cereal Fruit Milk	English Muffins Jam Fruit Milk	Waffles Fruit Milk	Toast Jam Fruit Milk	Muffins Yogurt Fruit Water
<u>P.M</u> Snack	Cheese Crackers Pickles/Water	Mac and Cheese Veggies Water	Homemade Cookies Fruit/Milk	Hot Dogs Veggie Slices Milk	Rice Cakes Cheese Veggies/Juice

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